

April

Lavender Field Dreams



Paired Experiences

1. Lavender Fields Prince Edward County 
2. Local Flower Shop 

Complementary Activity: Lavender Bundle Crafting

Materials Needed

- Fresh lavender stems
- Twine or ribbon for bundling
- Scissors
- Small tags or labels for personalization.

Talking Points:

- Discuss the history (cultivated for over 2,500 years) and uses of lavender in different cultures (e.g. by ancient Egyptians in the mummification process)
- Share personal experiences with lavender, such as its use in cooking, aromatherapy, or gardening.
- Talk about the calming and therapeutic properties of lavender.

Fun Fact: The word “lavender” comes from the Latin word “lavare,” meaning “to wash,” highlighting its long association with cleanliness and fragrance.

